

**Q**uestion:

Upon retirement, the College presents a Sun Life Extended Health Care package that will cost me out of my pocket. Is Sun Life the only option I have?

**A**nswer:

No.

You are retired and no longer under the health care "umbrella" you have enjoyed while employed in the College system.

However, should you wish to remain with Sun Life for your extended health care benefits, you have within 31 days after retirement to decide to go with one of Sun Life's three options. No second chance.

You may choose any extended health and dental care plan you wish. Follow the link below to begin looking at various extended health care providers.

[http://www.local237.ca/retirement\\_planning/health\\_dental\\_plan\\_companies.htm](http://www.local237.ca/retirement_planning/health_dental_plan_companies.htm)